

Dear Parents,

The soccer program at Trinity will be starting its season in August. I wanted to take the time to introduce you to some basic information about the game of soccer and the school office will be providing our schedule for this season, as we know it today.

Soccer is a game comprised of 11 players on a side. A full roster is between 22 and 25 players, depending on whether the team is in season or tournament play. To compete in Division IV play in Vermont, the team should be made up of only 8th – 12th graders. Trinity is in the process of rebuilding to compete in that arena. As we do, I currently allow 5th and 6th to practice with the team. If I have less than 22 players from grades 7 – 12 I allow 6th graders to dress for the games.

We play a variety of schools, all from the Division IV or equivalent level. Our team competes in the boy's league, but we look for and strive to schedule against co-ed teams like ours. We work hard to honor the Lord in what we do. We do strive to win our games, but my more important focus is in developing the character of each athlete. Athletics is a great laboratory for young people to learn how to push themselves, manage time, work together as a team and gain confidence in their abilities. Athletics are important, but academics more so. Athletes falling short of the academic eligibility guidelines Trinity has will not be allowed to practice or play.

We are offering a clinic July 21st from 10 AM – Noon, at the Trinity field. Our official season starts with pre-season practice August 13th from 5:00 PM – 7:00 PM. We practice Mon / Tues / Thurs / Fri. Once school starts, our practice times will shift to 3:15 – 5:30 on those days. We have a tune-up scrimmage with parents and TBS alumni the Saturday before school starts (August 25th) from 10 AM – Noon. We typically try to schedule between 10 and 14 games per season. We also subscribe to the FIFA 11+ warmup program. You can learn more about that at this website:
<http://usclubsoccer.org/2017/03/08/fifa-11-a-warmup-program-proven-to-reduce-injuries-and-severity-of-injuries/>

I have asked Pastor Rob to include a couple of important pages regarding our soccer season – A page on equipment required to play soccer, a page on the importance of nutrition and hydration, and a medical release form. Physicals are required once every two years and the school informed. The medical release is required each year. These forms must be turned into the school prior to our first game. Without them, unfortunately, I will be unable to allow the athlete to play.

If your student is interested in soccer, I encourage them to join us during the July clinic or pre-season practice. If you have any questions about our program, please feel free to contact myself or Pastor Rob.

In Christ,

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